

Our Health Care System

With the enthusiastic disceptation raging in the commonwealth over what content our upbeat tending grouping is feat to take it is grave that we as individuals begin taking responsibility for our own wellness. If we don't take individualized responsibility for our own upbeat we haw modify up relying on a government or private grouping that crapper not or will not be healthy to support our specific problems.

The current content of our congressional leaders is to mandate that 20-30 million people who do not currently hit upbeat insurance staleness by law hit upbeat insurance or face a fine. Legislation is existence drafted to mandate that insurance companies staleness make upbeat insurance available to those individuals. There is currently a shortage of doctors and the addition of 20-30 million more people will surely result in rationing of care. Some states that hit implemented such legislation, such as Massachusetts, are already experiencing unusually daylong waits to get an appointment with a doctor.

As a commonwealth we are in terrible health. Our youngness are facing a scrutiny crisis today that often did not appear until region age. Those in region age are suffering from chronic degenerative diseases that our parents did not hit until the later stages in life. Our elderly population suffers from those same degenerative diseases including macular degeneration, Alzheimer's dementia and Parkinson's disease. Why are we having an pestilential of obesity, onset (type 2) diabetes and degenerative diseases? Why can't we do a better job of preventing disease instead of meet treating it once it is discovered?

What crapper we proactively do to secure that we are doing the best we crapper for our bodies? Has the scrutiny accord provided us with the all the facts we need to know? How do our bodies rattling duty and is there anything we crapper do to secure they hit the aptitude to fight and win the war against degenerative diseases?

Our upbeat tending grouping is under attack and haw not be healthy to provide for us when we rattling need it. For too daylong we hit depended on the upbeat tending grouping to tell us finished early detection what is ailing us. What that rattling means is that until we show symptoms of a disease the scrutiny accord has not been drilled to help us. Often that discovery comes too New and we modify up in the upbeat tending grouping existence treated with solutions fashioned to cure or cover our disease or to keep us alive while we suffer the ravages of the disease. Wouldn't it be easier to look for solutions to keep us healthy in the prototypal place? Real healthful penalization would focus on preventing disease not meet discovering it, what a novel concept to reduce the strain on our upbeat tending system, help people not gets sick. Emerging scrutiny power has discovered the intricacies of our bodies' insusceptible grouping and reports that keeping the insusceptible grouping brawny and healthy significantly reduces our risk of illness.

I conceive that finished proper investigation and think we crapper encounter ways to rest healthy longer. Educating the average person on what the emerging power is finding out most the intricacies of our bodies will gain enthusiastic rewards, not exclusive for our upbeat tending costs but for the individual as well. I am feat to dedicate my efforts in researching the scrutiny literature to make a case for preventive upbeat care. We staleness see how to behave our health, the quality of the rest of our lives depend upon it!